

GETTING SCHOOLS

ON THE MOVE!

What if every child could #BeActive in school with sport and play?
What if every school took one day to celebrate sport in Europe?
Could it help students to kick-off a lifetime of health and fitness?
We say yes!

JOIN US!

Register your schools for the European School Sport Day (ESSD)
today at www.essd.eu

TOP FIVE REASONS TO JOIN ESSD ON 26 SEPTEMBER 2025

- 1 Raise the profile of physical education and sport in schools
- 2 Create fun and enjoyment through physical activity for young people
- 3 Promote health and wellbeing for lifelong learning
- 4 Encourage social inclusion and develop social competence among students
- 5 Connect with other European countries

The program has seen rapid growth over the last eleven years. Since its launch in 2015, the ESSD has developed into a major Europe-wide event promoting physical activity in schools during the European Week of Sport. The ESSD has empowered 3,2 million students to #BeActive in 42 countries in 2024.

This year the focus of the Day will be on power of cooperation: Strengthening links between sport clubs and schools in the field of sport, physical activity and health. We encourage you to explore partnership possibilities and cooperate in a holistic way.

Any activity counts! Get your school on the move! Join us!